

Take care of the environment by following these tips

• Keep natural environments intact and do not remove stones, fossils, flowers and other plants; leave them in their original locations.

• If you play music, be considerate of nearby visitors who may be resting, and avoid disturbing the natural tranquility of the environment.

• Leaving food behind, including organic plant waste, creates visual pollution and affects the feeding habits of wild animals. Take all waste with you when you leave.

> If a fire breaks out, notify authorities immediately.

• Let others enjoy the landscape as it is intended to be experienced. Removing stones, flowers and plants damages the environment for future visitors. If you would like to sample locally grown produce, or bring home a keepsake, consider supporting local farmers and artisans.

• Observe wild animals at a safe distance and do not disturb them. If you find a nest, burrow or den, leave it untouched. Even if it appears to be empty, it may be occupied again in the future.

• The City of Esquel uses a separated waste system. Help us by putting all organic and food waste into a biodegradable bag to be composted. Inorganic waste such as cardboard, paper, containers, plastic and bottles should be put in a separate bag to be recycled.





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If you experience fever, muscle pain, nausea, abdominal pain, shivers, headaches, vomiting and diarrhea within 6–45 days after your trip, consult a doctor immediately. Inform them you have recently travelled to the Andean-Patagonia forests area.

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Organic Waste

Safety first Have Fun!



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- Before starting your trip, check road and weather conditions along your route.
- Keep in mind you may experience dropouts in mobile service in some locations.
- Let your friends and family know if you will be traveling in an area with intermittent mobile service.
- To prevent loss of control, avoid abruptly changing lanes.



Check your **tire pressure** regularly to ensure adequate traction on gravel roads.

- Stay within posted speed limits. Drive safely and responsibly.
- It is safest to drive during daylight hours, especially in winter.
- Alcohol consumption slows your reaction time and impairs your ability to drive safely. Keep yourself and others safe.
- All vehicle occupants must wear seatbelts at all times.
- To help keep your vehicle secure, park your vehicle only in designated areas and take any valuables with you.
- Do not litter on roadways and paths. Instead, use the appropriate receptacles to dispose of your waste.



to posted signs and local bylaws, keep a safe distance and drive slowly.



- Plan ahead: take enough food and water for the duration of your trip.
- The National Parks Administration prohibits pets from entering parks. Check their restrictions at the Tourist Information Centre.
- Heavy storms and winds may cause damage to trees. Stay away from leaning trees, loose/dry branches and exposed roots.
- Do not feed or attempt to interact with wild animals, keep a safe distance.
- If you encounter dangerous wildlife, keep calm and walk away maintaining eye contact.
- Under no circumstances should you handle live or dead animals.
- Always use designated restrooms when possible. Alternatively, dig a hole at least 20 centimeters / 8 inches deep, at least 60 meters / 200 feet from nearby waterways. Bury excrement with dirt and cover the location with leaves. Use the smallest amount of toilet paper necessary and take it with you.
- Prevent fires by using designated campfire areas only, and follow hourly usage restrictions.
- Ensure your fire is fully quenched by saturating it with plenty of water.
- Extinguish cigarettes promptly and dispose of them in designated receptacles. If you are in a remote location, keep them in a container until you can properly dispose of them.
- If possible, plan to visit beaches with buoy-based security measures, as well as lifeguards. Keep in mind that lakes, lagoons and rivers may have cold and deep waters.
- Authorization is required for recreational fishing. Your certificate will indicate where and how you are permitted to fish.





- Plan your route ahead of time and never hike alone.
- Check the trail's difficulty level and register at the corresponding forest ranger office if needed.
- Plan to hike during the day; do not hike late in the afternoon or at night.
- Before you leave for your hike, verify the recommended weather conditions and schedules for the hike you have planned.
- Explore only authorized trails and cleared pathways.
- Stay on designated paths and do not take short cuts; this creates alternative trails that cause erosion and may mislead other visitors.
- Wear suitable clothing and footwear. Shoes and boots should have strong ankle support and leave a deep tread pattern. Do not wear sandals, lightweight shoes or flat-soled shoes.
- Take rest breaks as needed.
- Use insect repellent to prevent bites.
- Bring enough food and water for the duration of your hike and consume them at regular intervals in small amounts.
- Bring a first-aid kit, a loud whistle and a flashlight in case of emergency.
- Use your mobile device's airplane mode function to save battery when not in use, and bring a fully charged power bank if possible.
- If you have access to radio equipment, check the available frequencies in your area.
- Always use sunglasses with UV protection, as well as sunscreen no matter the season.





Read and follow all posted signs during your hike. You will find **useful information** specific to the area you are hiking in.



When camping:

• Remember to wash your dishes and utensils in areas designated for this purpose. Avoid using rivers, lakes, streams and natural waterways.

• If using a tent, ensure it seals properly to protect against the elements, has no rips or holes, and includes a floor mat. For overnight camping, set up your tent only in designated areas.

• If you leave your tent, store all food and waste in airtight containers with a secure latching mechanism to avoid attracting wild animals.

• Do not enter construction sites or abandoned buildings.

• Carry a clean, safe and portable heat source with you; open campfires are restricted in some areas.



Keep your campsite clean and take all **organic** and **inorganic waste** with you when you leave.

• Setting campfires in prohibited areas or under trees could cause fires.

• Use only dry and fallen wood from the ground that you can cut with your own hands.

• Do not build large campfires. To ensure your fire is completely extinguished use plenty of water to fully saturate the area, mix up the ashes and embers with soil to verify no embers remain, scrape away burnt surfaces on sticks and logs, and ensure the area is cool to the touch before you leave.

Avoid eating wild fruits and mushrooms.

• Frequent hand washing helps protect your own health and that of others.

